



## **Elderlinx Checklist**

### **Homemaker/Companion Needs-Check areas as needed:**

- Encourage good eating habits
- Meal preparation and clean up
- Clean kitchen and mop floors
- Assist with laundry, folding clothes
- Dust or polish furniture, vacuum
- Assist with diet and proper nutrition overview
- Provide dementia redirection, dementia care
- Assist with home tasks and obligations-mail
- Assist with light bookkeeping and budget
- Overview calendar, food for pets, care for plants
- Assist with personal care like bathing and hair care
- Grocery shopping
- Keep toilet area and bath area clean
- Change bed linens, and make up bed
- Handle personal errands, prescription pick up
- Transportation, take to church, recreational events
- Med reminders, safety concerns
- Toilet assist, incontinence care
- Provide family with respite caregiver
- Stimulate mental awareness
- Assist with dressing and grooming needs
- Assist with shaving and oral care
- Provide mobility or transfer assist
- Prepare for holidays, guests
- Other Needs: